

# STRIPS & PIECES



Volume 4 Issue 7

March 2009

**Next Meeting: Tuesday March 17 at 9:30 A.M.** in Fellowship Hall of the Presbyterian Church, 4 Church Road, Bedford, NH  
**Bring** BOM, \$ for raffles, coffee mug, FIT quilts, Show-and-Tell, notepad and pen for notes about the Quilt Show  
**Fat-Quarter Fabric for March:** Oriental  
**March Newsletter Deadline: Tuesday March 24**

## Issue highlights:

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**Hospitality for March:** See page 2, column 1

## BFQG on the Web:

<http://www.bfqg.org>  
To contact **most\*** Guild members, send an email to: [BFQG@yahoo.com](mailto:BFQG@yahoo.com).

\*At least 5 members do not use a computer. Please **contact them by phone.**

## PRESIDENT'S MESSAGE

Greetings Ladies:

As winter weaves its web over the land, we can't wait until that first little hint of spring presents itself. Since the robins have mistakenly decided that New Hampshire is not a bad place to be in the winter, we can't wait for that sign to appear. As Mother Nature is busy getting the earth ready to bring forth new life and with the reminder of renewal and rebirth signifying a new beginning, let us move forward with renewed purpose that all will be well with the world.

It was great seeing you all at the February meeting. Our quilt show meeting prior to the guild meeting was informative and things seem to be on schedule.

A highlight of our day was Cary Flanagan's "Trunk Show". She shared several of the quilts that will appear in her new book. We look forward to getting signed copies as soon as they are hot off the press. Congratulations, Cary, for making it happen. We are proud of you.

We will miss Priscilla and wish her well. We are delighted to see so many visitors at our meetings and excited to see them join our guild. I would like to welcome Glennie Edwards, Sandy Potter, Charlotte Smith, Trudi Costa, Michele Slock, Carolyn Inglis, Elyse Grubis and returning member Sarah Holbrook. We hope that you find a happy home with us as we look forward to getting to know you.

Our March meeting will focus on any loose ends that need to be taken care of for the show. If you haven't signed up to work on the show, Sue Ann will find you. It will take all of us to make this a success.

Please remember to turn off your cell phones or put them on vibrate during the meeting and any time we have an activity where attention is needed.

I look forward to seeing all of you in March. Stay warm, get together with some good quilting friends and share your passion.

Fondly, Pam

## LOST QUILT-TOP ALERT

A few months ago I finished a quilt top that I plan to donate to a charity auction in Maine. It has disappeared, and I can't think what in Sam Hill (wherever did that expression come from?) I did with it. The pattern is an elongated churn dash, done in bright blues, purples and

turquoise, with a light background. The auction is in April, so I really need to get it done. HELP!!

**Lois Tourangeau**

## HOSPITALITY

**Members: Please review the hospitality names below and send me updates and corrections.** Kathleen and I are out of sync re volunteers and don't have confidence in our lists. Refreshments for

**March** - Jane Sedrick, Helen Poremba, Faye Shedd, Barb Kuenzig

**April** - Tommi Hall, Ginny Frechette, Bev Dickey, Sandy Potter

**May** - another wonderful potluck!

**June** - Connie Morin, Faye Shedd  
Please bring your own mug for coffee/tea or whatever; we can cut way back on our trash. Thanks so much.

*Lois Tourangeau*

## MEMBERSHIP

35 members, 2 guests and 5 new members attended the February meeting. Mary Kaitz and Pat Martin were our guests. Trudi Costa, Elyse Grubis, Carolyn Inglis, Michele Slock and Charlotte Smith are our newest members; please help me welcome them. Guild membership is now at 62 members.

If anyone has a change in her name, address, email address or phone number please let me know. Thank you.

*Anne-Marie Kenyon*

## SUNSHINE

If you know of anyone needing a little "Sunshine" please let me know.

*Dottie Williams*

## PROGRAM NOTES

What a good time we had at the February meeting with Pam showing us appliqué techniques! I don't about anyone else, but I certainly had some "light bulb" moments. On behalf of those who participated, I'd like to thank Pam very much for teaching that workshop. It was great.

We are just a few short weeks from our very first quilt show. As you know and as we have been saying for several months, it takes an entire guild to have a successful quilt show. There is a role for everyone - from making cookies to admissions to white gloving, set up and take down. We will dedicate our March program to putting the finishing touches on the quilt show which will be on April 4. Diane Trotter, our Quilt Show Facilitator, will be in charge of this endeavor at the meeting.

We will have our usual business meeting, show and tell, and of course, refreshments. Please don't hesitate to bring projects that you are working on, hand or machine. There will be lots of time for quilting, socializing, etc.

Lois T. will teach a handbag workshop in April. Signup was to be done at the February meeting so that she could order patterns to deliver to participants at the March meeting.

*Debbie Koczela*

### April Workshop

The patterns have arrived! After shipping and handling, they cost about \$5.00 each. I propose that we all pay the retail price of \$9.00 and turn the "profit" in to our treasury. Does that sound alright with you?

Here are the cutting instructions for all you overachievers. This is a fun project, but it takes a little time. Use as many or as few fabrics as you want. I pin a sticky label on each piece as it gets cut. That eliminates confusion between outer and lining fabrics, as many are the same size.



#### OUTER BAG FABRICS

cut 2: 2 1/2" X 18" for top contrasting band  
cut 2: 13" x 18" for bottom section  
cut 2: 6" x 7" for front and back pockets  
cut 2: 6" x 6" for side pockets  
cut 2: 16" x 18" for inside pockets  
cut 2: 5" x 30" (or longer\*) for handles

cut 1: 2" x 7" for button loop (can be omitted if using magnetic closure)

cut 1: 2 1/2" x 3 1/2" for key chain or toys

#### BAG LINING

cut 2: 15" x 18" for bag lining

cut 2: 8" x 6" for side pocket lining

cut 2: 8" x 7" for front and back packet lining

Keep in mind, the front pockets are 7" wide and the side pockets are 6" wide.

**FUSIBLE FLEECE or other very stiff interfacing** (about 1 1/2 yards)

cut 4: 15" x 18" for outer bag and lining pieces

cut 2: 5" by 29" (or longer\*) for handles

cut 2: 5 1/2' squares for side pockets

cut 2: 6 1/2" squares for front and back pockets

cut 1: 7" x 18" for inside pocket

\*If you want to use the tote as a shoulder bag, add 4 to 6 inches to the handles.

*Lois Tourangeau*

## NOMINATING COMMITTEE

Nominees and volunteers for BFQG officers, committees and other guild positions for the 2009-10 fiscal year are listed below. Note the open positions that need to be filled and consider volunteering: Secretary, Historian(?), Publicity, Quilt Challenge, Field Trips, and Raffle Quilt. We hope our newer members will volunteer for some of these roles.

The position of Quilt Show Chair is on hold. At the May meeting, we will discuss the show and determine whether to have another one in two years.

*Jane Sedrick*

## NOMINEES AND VOLUNTEERS

President	Jane Sedrick
Vice President	Connie Morin
Secretary	OPEN
Treasurer	Sue Ann Walker
Membership	Anne Marie Kenyon
Librarian	Debbie Koczela
Hospitality	Karen Kopp & Regina Fredrikson
Sunshine	Barb Kuenzig
Community Service	Tommi Hall & Faye Shedd
Newsletter Editor	Cary Flanagan & Margo Wiggin
Newsletter Pub.	Kathleen Beach
Website	Kathleen Beach
Fat Quarter Raffles	Nancy Peach
NEQM Liaison	Sue Ann Walker
Historian	OPEN?
Publicity	OPEN
Block of the Month	Debbie Koczela
Quilt Challenge	OPEN
Field Trips	OPEN
Raffle Quilt	OPEN
Quilt Show	On Hold

## TREASURER'S REPORT

Submitted by *Sue Ann Walker*

Previous Balance (2/2/2009)	\$5,556.00
Income	279.00
Expenses	(20.99)
Ending Balance as of 2/20/2009	<b>\$5,814.01</b>

## NOTE OF THANKS

*Nancy LeBoeuf and Debbie Koczela would like to thank the guild for the nice packet of fabric we each received after the passing of our mother/grandmother. It was very much appreciated.*

*Nancy and Debbie*

## BLOCK OF THE MONTH

Congratulations to Tommi Hall, who won the February Block of the Month, Lover's Knot. She won twenty (20) 12 1/2 inch blocks.



I wanted to take a moment to comment on the making of the blocks.

Nancy Peach and I pick the block and the color scheme. Some of you alter the colors based on your stash or your designing abilities. Don't apologize. Far be it from us to stifle creativity. It's been a great thrill to see those blocks go up on the design wall each month. They are all fabulous.

### NEXT MONTH'S BLOCK:



March's BOM is Windblown Square Variation. It is a 12 1/2" unfinished block. Directions are available if you need them. Just give me a call or drop an e-mail and I will get them out to you ASAP. **A clarification in the directions: cut only one (1) 7**

**1/4" square of the cream and green fabrics to make A triangles. The square will yield four (4) A triangles.**

*Debbie*

## MINUTES OF BFQG MEETING

Minutes of the Bedford Friendship Quilt Guild Meeting  
February 17, 2009

Meeting was called to order by President Pam Mikkola at 9:50 am.

The **minutes** of the January meeting were accepted as published in the February newsletter. The **treasurer's report** was accepted as reported. (Amounts to be confirmed.) Proceeds of fat quarter raffle \$22. Proceeds from sale of embroidered vests \$110.

**Program committee:** February Meeting -The basics of hand appliqué taught by Pam Mikkola.

March Meeting - program devoted to preparation for the April 4th Quilt show. This is an opportunity for committees to coordinate final details and prepare volunteers for their jobs.

April Meeting - Tote Bag workshop conducted by Lois Tourangeau. Lois will have patterns at the March meeting. Sign up today if you have not already done so.

May meeting - Pot luck lunch, Quilt Challenge display.

**Membership:** 35 members present, 5 new members: Carolyn Inglis, Elyse Grubis, Michele Slock, Trudi Costa, Charlotte Smith; 2 guests: Pat Martin and Mary Kaitz Total present 42. Sarah Holbrook renewed her membership by mail. Guild membership is 61.

**Community Service:** Be sure to check desired quilt size for FIT quilts. Some are too large. Biggest should be no larger than 60-65" long. Check website for sizes by age group.

When quilts are given to be long-arm quilted be sure to leave at least 2-3 inches extra beyond the quilt top for backing and batting. You can also tie quilts or machine quilt on your home sewing machine. If you want someone to bind the edge of your quilt be sure to provide fabric for binding. We will no longer be writing names on our quilt labels. Some families move through the program before the children got their quilts. The quilt guild was sent a personal note of thanks from one of the FIT mothers.

**Sunshine:** Sunshine was sent to Lois Tourangeau after surgery. It was noted that Rita Soderberg's father-in-law passed away over the weekend. Winnie Hoenig thanked guild for her sunshine pack.

**Library:** Karen is bringing in the newest library additions to the meeting. All books are listed on the web and you can request one of those from her.

**Hospitality:** Sign-up is good through May.

**Publicity:** None published for this meeting.

**Field Trips:** Priscilla Cordeau resigned with regret from chairing this committee. She expressed her appreciation for all the friendship and support she received from the guild. She is moving to Florida. Her address is 1024 Southeast 18th Place, Cape Coral, FL 33990

**Quilt Show:** Over 100 quilts have been registered for the show. Antique Quilts need to be registered. Antique Quilts do not need to have a sleeve. Large quilts should have a 6" sleeve, wall hangings a 4" sleeve, and miniatures do not need a sleeve. Quilts should have a label.

People need to sign up for jobs at the quilt show and for set-up and take down. The hall will be available from 8 am on Friday April 3. Hospitality is asking for people to donate brownies and cookies. Jane Sedrick has sign-up sheets.

Pam Mikkola is having a little quilt workshop at her home on February 19 and a Little Quilt Auction committee meeting on March 5. Little quilt auction forms are on the web. Quilts should be no larger than 144 inches in perimeter. Quilts should be labeled with title, name of maker, date and place.

**Nominating committee:** A slate of officers for 2009-2010 is being formed. Anyone interested in being on the Board please contact Jane Sedrick at jes4033@aol.com or 497-8143. The slate will be presented at the April Meeting and voted in May.

**Block of the Month** winner: Tommi Hall

**Firecracker Challenge:** Total donated 196. Winner of fat quarter bundle for most donated: 30, by Celia Stone. Lois won drawing for a mini-iron for those donating 8 or more.

**Fat quarter raffle** winners: Nancy Peach, Bev Dickey, Jane Sedrick, Janet Mahoney

Business meeting adjourned at 11:20 for Show and Tell and Appliqué Workshop.

Submitted by  
**Jane Sedrick**

## QUILT SHOW CORNER

Please attend the March guild meeting—we're making final preparations for the quilt show.

And thanks to all for your efforts so far,  
**Diane Trottier** Quilt Show Facilitator

**Boutique:** The last two guild meetings have brought a wonderful selection of items for the boutique. Can you believe all those poppers? If you have any last minute items, please let me know and we can arrange picking them up or dropping the off. We will be meeting the second week in March to price and organize everything we have. We

will have an awesome boutique and I thank you all for all your hard work and wonderful donations. Blessed Be  
**Lois**



**Update on the Firecracker Challenge:** OH MY WORD! 196 firecrackers (also known as poppers, dynamite sticks and cherry bombs)! Who would ever have thought we'd have that kind of a result. The Boutique will be full to bursting with these and the other wonderful items Lois has collected.

Celia Stone won the set of coordinated fat quarters for making the most firecrackers – she did 30 of them. She also very generously donated the fats collection to the Guild for a special raffle to be held in May.

Every member who brought in at least 8 firecrackers had her name entered in a second drawing for a prize of a mini-iron; Lois T was the winner of that drawing.

**Connie**



Two of Nancy D's little quilts

## FIT QUILT SIZE GUIDELINES

Ages	Infant - 3 years	4 - 8 years	9 - 12 years	13 years and up
Width	36-40	40	40-45	50
Length	45	45-50	55	60-65
Fabric	Unisex	Age and gender specific		

## PREPARING A QUILT FOR LONG-ARM QUILTING

1. Use batting that is specifically made for machine quilting. Batting for machine quilting, especially long-arm quilting, must withstand more stress than that for hand quilting—and be sure there are no particles that might break a machine needle..
2. Make the backing AND the batting 3 inches longer and wider than the quilt top (add 6 inches to the dimensions of the quilt top).
3. Square off the top, the backing, and the batting. If you intend a specific side to be the top, mark the top of the quilt and the backing.

Click on "[Community Services](#)" for more information on piecing and quilting FIT quilts—on the BFQG web site..



Kathleen and Barb made a Dutchman's Puzzle for FIT, using a "Flying Geese with no waste" technique.

Karen shows an example of what can be done with scraps.



### *Musings from Messy Tessy*

*If you have been following along with me during the last months, your sewing studio should be coming together in a wonderful workable haven. If you haven't been, there is no time like the present to begin. Just look back in the previous newsletters and jump on in.*

[Ed. Note: The first Messy-Tessy column appeared in January 2008.]

*Last month, we talked about scraps and scrap quilts. I hope that you have had time to play in your scraps. One member told me she is finding fabric she didn't know she had and sometimes had bought three times. Now that she is getting organized, she actually knows what she has.*

*This month we are going to talk about thread. Did you know that there isn't a one size all size thread for every purpose? Most of us have a collection of neutral threads that we do our machine piecing with. It just takes a small basket on our sewing table to accommodate that stash. It is not necessary to use thread that matches each fabric with piecing. Sometimes I will use two different neutrals - one in the bobbin and one in the top thread.*

*I have spools of 60 wt. thread in many colors that I use for hand appliqué. I have found the plastic thread/project boxes that are available in quilt shops and fabric and craft stores to be just the ticket. You can organize them by color and have what you need at your finger tips. I also buy inexpensive bobbins, wind the colors that I am using for the appliqué onto them and replace the thread back into the box. It helps not to have your spools designated to the 10 appliqué projects you are working on at one time.*

*I also have a collection of #50 weight thread that I use for machine quilting or whatever that I also store in the plastic boxes.*

*If you are a thread junky, assess your needs and find containers that are appropriate for your habit. Many specialty threads are on the market today for lots of wonderful embellishment on your quilts.*

*Use the best quality thread you can afford. Your machine will be much happier and your quilts will look better. Playing with thread will bring a bit of color to your world this month.*

*Your quilt-making journey will be much more fun the more organized you get.*

*Tessy*

*PS: E-mail me with any questions you may have regarding this month or past months at [Messy.Tessy@comcast.net](mailto:Messy.Tessy@comcast.net).*

**Trivia Question:** A quote from a craft magazine: "The art of quilting is enjoying a renaissance unsurpassed in the annals of needlecraft." When and where was this written? (Answer is on last page.)

## LIBRARY

Newer members to the guild may be wondering how to use our growing guild library. It couldn't be simpler! Each book or magazine has a card inside. When you make your selection, fill out the card with your name and the day's date. Please be sure to personally hand me the card as it is easily lost otherwise. You may check out 2 items at a time. Return the item(s) to me at the next meeting. A late fee of one fat quarter per month is required when items aren't returned promptly. (Not really- but a librarian can always dream.)

Because all those library books are heavy, I've been bringing in only our newer acquisitions each month. On our website you can view a list of all the other books in our library . If you see something you like, contact me and I'll be glad to get it to you.

*Karen Kopp*

## NEWSLETTER

*Strips and Pieces* is published monthly 10 times a year, from September through June. It is posted to the BFQG web site ([www.BFQG.org](http://www.BFQG.org)) and mailed to members who pay for delivery.

The newsletter has as much content as you, the contributors, provide. Please don't hesitate to send articles/photos.

The **newsletter deadline** is usually 1 week after the prior meeting. (See page 1 for next month's deadline.) If you use email, send information to [ksbeach@hotmail.com](mailto:ksbeach@hotmail.com).

*Kathleen Beach*



Connie's new passion—landscape quilts

## FAT QUARTER RAFFLE

Beverly Dickey, Nancy Peach, Jane Sedrick and Janet Mahoney were the winners for the February Civil War fat quarter raffles. We made \$22.00 in fat quarter raffle income.

The theme for the March meeting is **Oriental**s. I can hardly wait to see these; there are some awesome fabrics out there in this line.

Fat Quarters for next 3 months:

April – Indonesian

May – 30's

June – Novelty fabrics (clothes lines, paper dolls, birds, lizards, trucks, red hats, etc.)

*Connie Morin*

### Guild Officers and Committees 2008-09

President	Pam Mikkola	472-9225
Vice President & Program Chair	Deborah Koczela Jane Sedrick	497-3358 497-8143
Treasurer	Sue Ann Walker	669-4661
Secretary	Rita Soderberg	472-5895
Librarian	Karen Kopp	472-2493
Membership	Anne-Marie Kenyon	232-3232
Community Service	Faye Shedd Tommi Hall	424-7103 472-2225
Sunshine	Dottie Williams	588-2664
Hospitality	Lois Tourangeau	424-0417
Newsletter Editor	Kathleen Beach	673-7362
Newsletter Publisher	Kathleen Beach	673-7362
Publicity	Connie Morin	669-8453
Historian	Lynda Caza	471-0866
Web Master	Kathleen Beach	673-7362
Block of the Month	Deborah Koczela	497-3358
Fat Quarter Raffle	Connie Morin	669-8453
NEQM Liaison	Sue Ann Walker	669-4661
Quilt Show 2009	Diane Trottier	622-8791
2009 Challenge	Jane Sedrick	497-8143
Raffle Quilt 2009	Connie Morin	669-8453
Field Trips	OPEN	

## BFQG Calendar

After April 4, with no more quilt show deadlines/events, this calendar is being discontinued.

<b>DATE</b>	<b>EVENT OR DEADLINE</b>
<b>March 1, 2009</b>	<b>"Little Quilts" deadline</b>
<b>March 1</b>	<b>Boutique items deadline</b>
March 17	Guild Meeting
<b>March 24</b>	<b>Newsletter deadline</b>
<b>April 3</b>	<b>Deliver quilts to Bedford Town Hall</b>
April 4	<i>Friendship Garden Quilt Show</i>
April 21	Guild Meeting
<b>April 28</b>	<b>Newsletter deadline</b>
May 19	Guild <b>Annual Meeting</b> ; election of officers
<b>May 26</b>	<b>Newsletter deadline</b>
June 16	Guild Summer Workshop
July 21	Guild Summer Workshop
August 18	Guild Summer Workshop
<b>August 25</b>	<b>Newsletter deadline</b>
September 15	Guild Meeting

## TIP OF THE MONTH

To keep my thread from knotting and tangling when I'm hand stitching, I treat it by running my threaded needle through a folded fabric softener sheet placed inside a small zip-top bag. (From: Mary Lou Weidman, Author/Designer/Teacher)

Answer to trivia question on page 6:  
*Needlecraft Magazine*, July 1927 and quoted  
 in QNM, January 1984

## Regional Quilt Shows 2009

April 4: BFQG Friendship Garden Quilt Show  
 April 13-18: Machine Quilters Expo, Manchester, NH  
 May 1 2-8 PM, May 2 9-4: Hannah Dustin Quilters  
 Guild 20th Annual Quilt Show, Hudson, NH

## New England Quilt Museum

January 22-April 19: Fabric Connection. 7 Contemporary Swiss Quilt Artists

*Please send updates to the newsletter editor*



A colorful Lasagna quilt

## Bedford Friendship Quilt Guild

PMB #108

176 Route 101 - Unit B3

Bedford, NH 03110